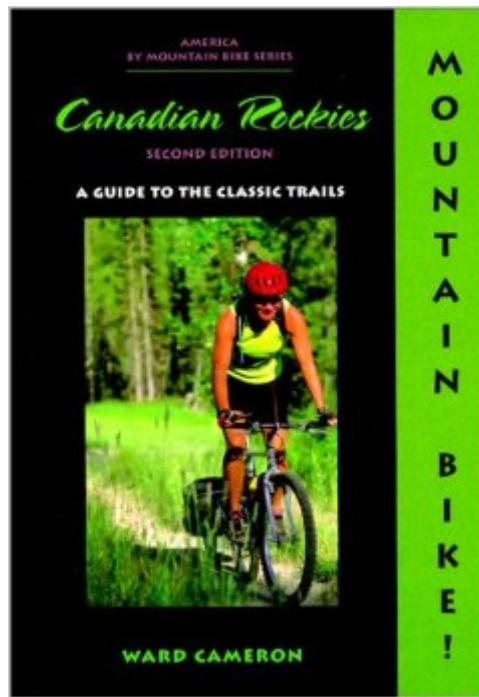


The book was found

Mountain Bike! The Canadian Rockies



Synopsis

In a region where temperatures range from -50(C to +40(C, snow is a year-round occurrence, and high winds, high altitude, and thinning air become problematic. It pays to have the inside scoop on mountain biking this challenging region. Mountain Bike! The Canadian Rockies will introduce you to the thrill and excitement of Canada's magnificent western wilderness. This newly revised edition provides detailed information on 108 of the best rides throughout the mountainous regions of Alberta and British Columbia, including tours through Banff National Park, Canmore/Kananaskis Country, Wateron Lakes National Park, Jasper National Park, Yoho National Park, Golden Area, Kootenay-Invermere, the Southern Rockies, and Cypress Hills Provincial Park. Author Ward Cameron has uncovered a diverse collection of trails that offer something for mountain bikers of all abilities. From monumental single-track ascents to leisurely riders through breathtaking scenery, if it's good riding, it's profiled here. Each route profile features at-a-glance key information, a thorough ride description, a detailed trail map, helpful sources of information, proximity of important services, valuable commentary on elevation changes and possible hazards and a rescue index. This guide also features interesting and entertaining photographs, vivid descriptions of the native flora and fauna, a glossary of mountain biking terms and tips on mountain biking etiquette.

Book Information

Series: Mountain Bike

Paperback: 400 pages

Publisher: Menasha Ridge Press; 2nd edition (September 1, 2000)

Language: English

ISBN-10: 1550680986

ISBN-13: 978-1550680980

Product Dimensions: 9 x 6 x 1 inches

Shipping Weight: 1.4 pounds

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,446,872 in Books (See Top 100 in Books) #107 in Books > Sports & Outdoors > Individual Sports > Cycling > Mountain Biking #557 in Books > Sports & Outdoors > Individual Sports > Cycling > Excursion Guides #751 in Books > Travel > Canada > General

[Download to continue reading...](#)

Mountain Bike! The Canadian Rockies Old Indian Trails of the Canadian Rockies (Mountain Classics Collection) My Side of the Mountain Trilogy (My Side of the Mountain / On the Far Side of

the Mountain / Frightful's Mountain) The Canadian Rockies (Banff Springs, english) Backcountry Biking in the Canadian Rockies Walks & Easy Hikes in the Canadian Rockies (Altitude Superguides Series) The Mountain Man 5 Journey of the Mountain Man (Smoke Jensen the Mountain Man) Bike Mechanic: How to Be an Ace Bike Mechanic (Instant Expert) Mike: The Tike On the Bike: An Adventurous Story Of A Boy, His Bike and His Balance! Short Bike Rides® Long Island (Short Bike Rides Series) A Heritage of Light: Lamps and Lighting in the Early Canadian Home (RICH: Reprints in Canadian History) American Canadian Board Sch 2005 (American and Canadian Boarding Schools and Worldwide Enrichment Programs) Rails Across Canada: The History of Canadian Pacific and Canadian National Railways The Canadian Brass Book of Favorite Quintets: Tuba in C (B.C.) (The Canadian Brass Educational Series) Cycling the Great Divide: From Canada to Mexico on America's Premier Long Distance Mountain Bike Route Zinn and the Art of Mountain Bike Maintenance Mountain Bike Maintenance: The Illustrated Manual Mountain Bike Like a Champion Mountain Bike!: A Manual of Beginning to Advanced Technique Bay Area Bike Rides Deck: 50 Rides for Mountain, Road, and Casual Cyclists

[Dmca](#)